

12/8/21

1200 E Market St, Suite 400 Akron, OH 44305-4066 summacare.com

Re: Summa Health System's Employee Assistance Program

Dear Network Provider:

Caring for the *whole you* – it's one of our most important commitments to patients. And as a SummaCare provider, we are thankful you share the same values.

The ongoing COVID-19 pandemic has put a strain on the physical and mental health of many. It can be an even greater challenge for patients who are working hard to maintain their careers and balance life in a "new normal" created by the pandemic.

Did you know your patients may have access to employee assistance programs to help? Patients who work at Summa Health/SummaCare have access to a program called IMPACT Solutions.

This resource is free, confidential and available 24/7.

IMPACT Solutions offers:

- Life and wellness coaching
- Mental health counseling
- Work/life balance referral services
- Assistance with life transitions
- Legal consultation
- Medical advocacy
- Financial and identity theft consultations
- A free app

Regardless of the purpose of their visit, we hope you will share these resources with patients who are Summa Health/SummaCare employees.

For more information about IMPACT Solutions offerings, please visit https://myassistanceprogram.com/impact-solutions/.